



Evening & Weekend Activities: Ages 5-21+

Programs designed for, but not limited to, individuals with disabilities.

Participant's Name

Age

Parent(s)/Guardian(s) Name

Home/Cell Phone

Email

**Please let us know any support services you will utilize for respite care. This will ensure appropriate level of care for your child and determine how staff hours are scheduled and billed.*

_____ *My child receives funding through the Iowa Medicaid Waiver*

_____ *My child receives funding from another source, i.e.: Family Care Solutions. If so, answer below.*

**Please Indicate what source:*

_____ *My child does not receive outside funding. I will privately pay for my child's activities & caregiver.*

**I give my child permission to participate in Hand-in-Hand activities. I understand that my child must have update health and enrollment information on file before attending activities. I am aware that there are program fees for all Hand-in-Hand activities. Scholarships may be available to assist families.*

Parent/Guardian Signature

Date

Questions or Concerns?

Hand-in-Hand

(563) 332-8010

3860 Middle Rd

Bettendorf, IA 52722

Evening & Weekend Activities Descriptions Below:

Movies & Popcorn: Friday evenings 6:00-10:00pm, ALL ages welcome!

Unwind after a long week with movies, snacks, and your friends at Hand-in-Hand. We offer two movie options each night to appeal to both older and younger participants. All movies are rated PG or PG-13. **In memory of Kristina Sevigny**

Teen Night: Saturday nights 6:00-10:00pm, teens/young adults 13+

Stay up late with some fun activities designed with teens in mind! Teen night is all about music, laughter, snacks, group activities, and making friendships. Let the fun begin!!

Funded by Regional Development Authority

Weekend Sleepovers: Saturday 6:00pm-9:00am or 6:00-11:00pm, ALL ages welcome!

Guys and girls will alternate each month, enjoying their own fun activities in separate spaces. Please remember to specify the overnight option or evening only. **Funded by Regional Development Authority**

Inspiration Studio: Saturday mornings 9:30-11:30am, ALL ages welcome!

This art class is lead by local professionals, encourages participants who like art to develop new skills and create unique masterpieces. Participants who are not interested in art should choose a different activity as this is solely an artistic creative class. **Funded by The John Quail Foundation, The Grainger foundation, & St. Vincent Home Corporation**

Food, Friends, & Fun: Thursday evenings 5:45-8:00pm, ALL ages welcome!

FFF allows for teens and young adults to practice their cooking skills in a relaxed social environment. Everyone learns as we prepare a meal, eat, and share clean up duties. **Funded by Regional Development Authority**

Get Fit: Evenings 6:30-8:30pm, for teens and young adults 13+

Team up with your Hand-in-Hand buddies for some physical activity and fun! Meeting locations vary between North Family YMCA for Friday night swimming and hot tub relaxation as well as Bowlmor Lanes for Tuesday night events. **Funded by Regional Development Authority**

Young Adult Events: Evenings usually 6:30-8:30pm for teens and young adults 15+

These activities are designed to provide fun, age appropriate social experiences for teens and young adults. ALL activities are community based and meeting places/activity fees will vary and be announced via email later. **Funded by Regional Development Authority**